



**Week 1 Menu**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cereal Banana Milk	Toast with Jelly Peaches Milk	Oatmeal with cinnamon Raisins* Milk <small>*Toddlers- Blueberries</small>	Waffles Cantaloupe Milk	Yogurt Granola* Milk <small>*Toddlers - Cheerios</small>
<b>AM Snack</b>	Veggie Straws Apple slices* Water <small>*Toddler- Applesauce</small>	Cucumbers w/ ranch Wheat thins Water	Watermelon Crackers Water	Rice Cakes Kiwi Water	Muffins Banana Water
<b>Lunch</b>	Hot Turkey & Cheese Sandwich Mixed veggies Watermelon Milk	Broccoli Alfredo Mandarin oranges Milk	Southwestern Casserole Strawberries Milk	Teriyaki Stir Fry Normandy veggies Apple slices* Milk <small>*Toddlers - Applesauce</small>	Pizza Roll ups Salad* w/ Ranch Cantaloupe Milk <small>*Toddlers – Mixed veggies</small>
<b>PM Snack</b>	Cottage Cheese Blueberries Water	Trail mix Kiwi Water	Veggie Dip Crackers Water	Cheese Cubes Strawberries Water	Oatmeal bites* Peaches Water <small>*Toddlers – Graham Crackers</small>



### Week 2 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Banana Milk	Bagels* & cream cheese Kiwi Milk	Scrambled eggs Strawberries Milk	Raisin Toast Peaches Milk	Waffles Apple slices* Milk  *Toddlers- Applesauce
AM Snack	Rice cakes Cantaloupe Water	Carrots* w/ ranch Wheat thins Water  *Toddlers – cooked carrots	Cottage cheese Peaches Water	Trail mix Watermelon Water	Jell-O w/ fruit Animal crackers Water
Lunch	Sloppy Joes Corn Watermelon Milk	Tortellini Peas Blueberries Milk	Popcorn Chicken Broccoli Cantaloupe Milk	Veggie fried rice Mandarin oranges Milk	Taquitos Cucumber w/ ranch Kiwi Milk
PM Snack	Veggie straws Blueberries Water	Oatmeal bites* Apple slices* Water  * Toddlers – Graham crackers and applesauce	Strawberry shortcakes Water	Frozen banana yogurt bights Graham crackers Water	Cheese Sticks Fruit salad Water



### Week 3 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Bananas Milk	Waffles Peaches Milk	Oatmeal with cinnamon Raisins* Milk <small>*Toddlers- blueberries</small>	Toast w/ jelly Fruit salad Milk	Yogurt Granola* Milk <small>*Toddlers - Cheerios</small>
AM Snack	Veggie straws Blueberries Water	Cucumbers w/ ranch Pretzels Water <small>*Toddlers- crackers</small>	Rice cakes Watermelon Water	Cottage Cheese Peaches Water	Crackers Cantaloupe Water
Lunch	Turkey spaghetti Green beans Watermelon Milk	Breakfast casserole w/ pepper & onion Kiwi Milk	Chicken salad Sandwich Sweet potato fries Blueberries Milk	Taco rice w/ black beans Corn Mandarin oranges Milk	Quesadilla Cucumbers w/ ranch Strawberries Milk
PM Snack	Cheese cubes Kiwi Water	Muffins Strawberries Water	Oatmeal bites* Cantaloupe Water <small>*Toddlers – Graham crackers</small>	Veggie dip Crackers Water	Trail mix Banana Water



Week 4 Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Cereal Bananas Milk	Raisin Toast Kiwi Milk	Scrambled eggs Berries Milk	Bagels & cream cheese Bananas Milk	Waffles Blueberries Milk
AM Snack	Cottage cheese Peaches Water	Veggie straws Cantaloupe Water	Cheese sticks Peaches Water	Carrots* w/ ranch Wheat thins Water  *Toddlers – cooked carrots	Jell-O w/ fruit Animal Crackers Water
Lunch	Walking tacos Corn Apple slices* Milk  *Toddlers - Applesauce	Mac and cheese Mixed veggies Watermelon Milk	BBQ chicken Sandwiches Sweet potato fries Kiwi Milk	Burrito Bowl Cilantro lime rice Corn & peppers Cantaloupe Milk	Bean & cheese burrito Salad* w/ Ranch Strawberries Milk  *Toddlers- mixed veggies
PM Snack	Strawberry shortcake Water	Oatmeal bites* Blueberries Water  *Toddlers– Graham crackers	Frozen yogurt banana bites Graham crackers Water	Trail mix Apple slices* Water  *Toddlers- applesauce	Rice cakes Fruit salad Water